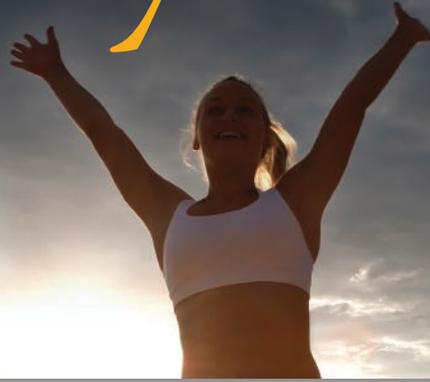


# Healthy U series

What every *body* should know for a healthier you.



Join us for this informative  
public lecture series

## Let's Talk About It: *Opioid Addiction and Overdose Prevention Basics*

**Wednesday  
November 8, 2017  
6:30–7:30 p.m.**

**Center for the Sciences and Pharmacy,  
Room 300**

Free and open to the public and the Western New England University community. Visit [wne.edu/healthyu](http://wne.edu/healthyu) to learn about upcoming topics.

Opioids—Vicodin, OxyContin, Percocet, and heroin use and the tragic consequences of drug misuse and abuse have spiraled into a nationwide crisis. It is reported that across college campuses prescription opioid abuse has increased by 343% while overdoses and overdose deaths have more than tripled since 2010. These numbers are chilling reminders of the reality of substance abuse and addiction that ultimately touches the lives of each and every one of us. It is time we recognize it's no longer "someone else's problem." This lecture brings us together to explore several key questions: What are opioids and how do they work? How can I recognize the signs of opioid abuse/addiction? And what can I do to help those who struggle with addiction to be healthy?

### **Speaker: Dr. Jilla Sabeti**



*Assistant Professor of Pharmacology  
College of Pharmacy and Health Sciences  
Western New England University*

Dr. Sabeti teaches several courses in neurology, psychiatry, and substance abuse and addiction in the Doctor of Pharmacy program. She is on the editorial board of the *Journal of Substance Abuse and Alcoholism*

and has published several articles in scientific journals including *Alcoholism: Clinical and Experimental Research*. Dr. Sabeti has been the past recipient of National Institutes of Health funding to study the molecular roots of alcohol and substance use dependence.