

First Year Seminar

Competency: Ability to demonstrate assessment of personal strengths and interests in a manner relevant to career alternatives and/or choices.

Competency	4 Thorough	3 Adequate	2 Limited	1 Weak	0 Unscorable
Ability to demonstrate assessment of personal strengths and interests in a manner relevant to career alternatives and/or choices.	Assessment tool* used with reflection including identification of various strengths and interests with implications for future career	Assessment tool* used with reflection or Reflection on strengths and interests with implications for future career without reference to assessment tool*	Reflection on strengths and interests without reference to assessment tool* and without reference to future career	Assessment tool* used without reflection	No assessment tool* used and No reference to strengths and interests

*Assessment tool refers to an instrument such as a Myers-Briggs Type Indicator or a Do What You Are Report.