



Student Athlete COVID-19 Testing Spring Break Protocol

Purpose

To support WNE student athletes and staff with easy access to rapid COVID-19 testing during and upon re-entry to campus to facilitate rapid intervention and mitigate potential spread of COVID-19.

To identify COVID-19 in symptomatic athletes and facilitate safe re-entry to campus.

Policy

All WNE athletes with symptoms of COVID-19 are required to report to Athletic Trainers and perform rapid antigen testing. Athletic Trainers have been trained and will oversee testing per protocol during the week of Spring Break competition.

Athletes and Trainers will be provided with rapid antigen tests for identification of COVID-19 in symptomatic persons and for re-entry testing of all athletes upon return to campus.

Supply Management

Health Services will provide team Athletic Trainers with a COVID-19 Test Kit Package, which will include:

- Test Kits for every student, which will include two tests, plus extra for redundancy as needed
 - The Department of Athletics will provide each athlete and staff member with one test kit (containing two rapid tests). One test for symptoms if should occur, and one test for campus re-entry.
- Testing Policy
- Test Kit Instructions

Testing Criteria

- Any Athlete that is experiencing signs and symptoms suggestive of COVID-19.
- Mandatory re-entry process on the day of return to campus.

Signs and Symptoms of COVID-19

People with COVID-19 have had a wide range of symptoms reported—ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. Anyone can have mild to severe symptoms. People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell



- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Reference Link: <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

Request for Testing and Distribution Process

1. Notify Coach and Trainer of symptoms.
2. Trainer evaluates symptoms for testing criteria.
3. Rapid Testing is performed with the athletic student/staff under the Athletic Trainer’s guidance and supervision. Testing will be performed in a private testing area.
4. Follow the testing procedure.

Testing Procedure

Follow the instructions in the test kit/instructions handout.

Test Results/Next Steps

Positive Test Results	Negative Test Results
Self-isolate with a mask. Contact Health Services On-Call Provider 413-519-4055.	Quarantine with your mask and social distance. Re-evaluate symptoms daily with Trainer. Re-test daily if symptoms continue to meet criteria.

Re-Entry Testing

Athletes and staff will perform group testing on the bus while traveling to return to campus.

- All will perform testing at the same time under the direction of the Athletic Trainer.
- Rapid tests will be labeled with name and provided to Trainer for review and documentation while exiting the bus.
- Any positive cases will be temporarily isolated in a separate area.
- Trainers will contact On-Call Health Services Provider with positive results and seek further guidance.



Previous Illness and Spring Break Testing

Faculty, staff, or students that have a history of previous illness with COVID-19 **are not exempt from re-entry testing.**

Faculty, staff, or students with a history of previous illness with COVID-19 **within the last 90 days** are advised **NOT** to use the **PCR testing option** due to the sensitivity of the PCR test.

However, **rapid antigen tests can be used** to determine current infections and are the recommended testing option for individuals with a history or previous COVID-19 illness.

Documentation of prior illness must be on file with Health Services.

Documentation must be submitted to covidvac@wne.edu.

Please feel free to reach out to Health Services at 413-782-1211 if you have any questions about re-entry testing requirements.